



China 2017 Tour Package

Tour Package

3/24 Arrive Kunming

3/25 Kunming

Morning - Participate in the Grand Opening Celebration of International Yang Family Tai Chi Chuan Association Asian Headquarters

Yang Family Tai Chi Chuan Training Base, Southwest China

Kunming Yang Chengfu Tai Chi Chuan Center

Evening - Master Yang Jun's disciple ceremony

3/26 Lijiang

Following breakfast, travel 4 hours by private air-conditioned coach to Dali, After lunch, visit Three Pagoda Park and Dali Old Town(Stay in Lijiang)

3/27 Lijiang

After breakfast, visit Yulong Snow Mt. Following lunch, travel by bus to the Blue Moon Valley

3/28 Shangri-La

After breakfast, travel three hours by bus to Pudacuo National Park. After lunch, visit Dukezong Old Town, and see the biggest prayer wheel in the world

3/29 Lijiang

Travel by bus to Tiger Leaping Gorge, the world's deepest gorge

3/30 Kunming

After breakfast, travel by bus to Suhe Old Town Afternoon return flight to Kunming

3/31 Return home sweet home

Tour Package + Seminar

3/31 Seminar Start

4/1 Seminar

4/2 Seminar

4/3 Leave Kunming for home sweet home



CHINA ADVENTURE 2017

Hold Harmless Agreement for Tour

PRECAUTIONS

Part of our tour takes us to Jade Dragon Snow Peak. Elevations there range between 3,500-4,800 meters. The International Yang Family Tai Chi Chuan Association wants to ensure that participants in the 2017 China Adventure are aware that these high elevations could cause some to experience medical and physical problems including altitude sickness. Most tourists do not have any problems medically at this elevation, however, each person has their own responses to high altitude.

Altitude sickness—also known as acute mountain sickness (AMS), altitude illness, hypobaropathy, “the altitude bends”, or soroche—is a pathological effect of high altitude on humans, caused by acute exposure to low partial pressure of oxygen at high altitude. It commonly occurs above 2,400 meters (8,000 feet.) It presents as a collection of nonspecific symptoms, acquired at high altitude or in low air pressure, resembling a case of “flu, carbon monoxide poisoning, or a hangover.” It is hard to determine who will be affected by altitude sickness, as there are no specific factors that correlate with a susceptibility to altitude sickness. However, most people can ascend to 2,400 meters (8,000 feet) without difficulty.

SIGNS AND SYMPTOMS

People have different susceptibilities to altitude sickness; for some otherwise healthy people, acute altitude sickness can begin to appear at around 2000 meters (6,500 ft) above sea level, such as at many mountain ski resorts, equivalent to a pressure of 80 kPa. This is the most frequent type of altitude sickness encountered. Symptoms often manifest themselves six to ten hours after ascent and generally subside in one to two days, but they occasionally develop into the more serious conditions. Symptoms include headache, fatigue, stomach illness, dizziness, and sleep disturbance. Exertion aggravates the symptoms.

WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT

I, _____ HEREBY ACKNOWLEDGE that I am aware that during the tour. I am participating in, certain risks and dangers may arise, including and not limited to, the hazards of traveling in mountainous terrain and high altitude sickness. I agree to forever hold harmless and indemnify the International Yang Family Tai Chi Chuan Association from any and all liability for any injury and/or damages to any third party or other customers resulting from my participation in any activity.

I acknowledge that the enjoyment and excitement of adventure travel is derived in part from the inherent risks incurred by travel and activity beyond the accepted safety of life at home or work and that these inherent risks contribute to such enjoyment and excitement, being reason for my participation. I am fully aware, and clearly understand, that The International Yang Family Tai Chi Chuan Association, will have no liability regarding the adequate condition of any medical care, equipment or supplies that may be provided. I agree that if I am injured or become ill, The International Yang Family Tai Chi Chuan Association, may, at my cost, arrange or supply medical treatment, evacuation or any other medical services necessary on my behalf and what The International Yang Family Tai Chi Chuan Association, deems essential for my safety and well-being.

I am voluntarily participating in these activities with the knowledge of the dangers involved and hereby accept responsibility to assume any and all risks including injury and death.

This Release of Liability and Assumption of All Risks agreement is entered into on behalf of all members of my family. This agreement is binding on my heirs, legal representatives and assigns.

AS LAWFUL CONSIDERATION for the agreement with The International Yang Family Tai Chi Chuan Association, to participate in such activities, I hereby voluntarily agree to waive, hold harmless and indemnify the Owners of The International Yang Family Tai Chi Chuan Association and its agents, trainers and employees from any and all claims, demands, damages and causes of action of any nature whatsoever arising out of ordinary negligence which I, my heirs, my assigns or successors may have against them for, on account of, or by reason of my voluntary participation in services and activities at or associated with The International Yang Family Tai Chi Chuan Association. I understand the content of this document, and execute this RELEASE OF LIABILITY AND ASSUMPTION OF ALL RISKS of my own free will and accord.

I have carefully read this ENTIRE Release of Liability and Assumption of All Risks agreement and fully understand its contents, and agree to the same of my own free will.

I HAVE READ AND VOLUNTARILY AGREE SIGN THIS AGREEMENT. I further agree that no oral representations, statements, or inducements apart from this Agreement have been made by The International Yang Family Tai Chi Chuan Association with regard to the subject matter of this Agreement. I acknowledge that this agreement constitutes an express contractual assumption of all risks, and both a waiver and release from all liability.

Signature of Participant: _____ Date: _____

Print Name: _____

Address: _____

City: _____ State/Province: _____ Zip: _____

Country: _____

Phone: _____ Cell Phone: _____

Travel Notes:

1. Please be respectful of local folkways.
2. Air-conditioning is used in hotels during certain hours only.
3. Be prepared for the variable weather conditions we will encounter:
 - The temperature in Kunming in March ranges from 6-20 degrees Celsius, which is 43-68 degrees Fahrenheit.
 - The temperature on Yulong, or Jade Dragon Snow Mountain ranges from -1 to 10 degrees Celsius. This is 30-50 degrees Fahrenheit.
4. Be advised - the ascent on Jade Dragon Snow Mountain takes the traveler to 4500m, or 14,763 feet, by cable car. From there, one may climb the stairs to 4860m, or 15,944 feet. If you are concerned about the high altitude, please bring altitude sickness medication, Sunscreen and sunglasses are advised. Pack accordingly.
5. Remember, traveler's diarrhea is the most predictable travel-related illness!
6. There are many banks and ATMs in the area for money exchange. Most of the ATMs accept Visa or Master Card.
7. Notes for those staying on to attend the Seminar from March 31 through April 3. The Tour portion of your trip will include everything as listed in the Tour Package. There are some exceptions for the Seminar portion of your trip, as follows:
 - Meals are not included in the cost of the Seminar. There are a few restaurants and a large supermarket nearby.
 - Lodging is included through April 2.
 - Transportation to the airport after the Seminar is not included. Taxi service is available.



CHINA ADVENTURE 2017 Tour Package Registration Form

1. IDENTIFICATION

First Name on Passport _____ Last Name on Passport _____ Sex: F M

Birthdate: MM/DD/YYYY _____ Nationality _____ Passport Number _____ Expiration Date: MM/DD/YYYY _____

Address _____

City _____ State/Province _____ Zip _____ Country _____

Email _____ Phone _____ Group (if applicable) _____ Roommate Preference _____

Name of Emergency Contact _____ Phone _____ Email _____

2. TOUR PACKAGE (PLEASE CHECK ONE)

Tour Package : March 24-31, 2017 _____ Double Occupancy \$1350 _____ Single Occupancy \$1720

Tour Package + Seminar March 24-April 3 _____ Double Occupancy \$1850 _____ Single Occupancy \$2000

3. ARRIVAL & DEPARTURE INFORMATION

Arrival Kunming (airport code: KMG): _____

Date: mm/dd/yyyy _____ Time _____ Airline _____ Flight Number _____ Departing From _____

Departure from Kunming: _____

Date: mm/dd/yyyy _____ Time _____ Airline _____ Flight Number _____

4. PAYMENT CALCULATION:

Please make your Check or Money Order payable to:
International Yang Family Tai Chi Chuan Association.
If you wish to pay by Paypal, there is an additional 4% charge. Our Paypal Account is:

payment@yangfamilytaichi.com

Send in your completed Tour Package form and full payment to the International Association by Feb 1, 2017. Please note: a deposit is due by Nov 31, 2016 (see below.)

If you are with a Group, please give your tour Registration Forms to your Group leader for Group submission to the International Association. If you are not with a Group, please send your Tour Registration Forms and Payment directly to the International Association

For more information and tour schedule please see:
<http://www.yangfamilytaichi.com/events/2017/tour>

Tour Package

Double Occupancy \$1350
Single Occupancy \$1720 \$ _____

Tour Package + Seminar

Double Occupancy \$1850
Single Occupancy \$2000 \$ _____

Paypal Charge add 4% of subtotal \$ _____

TOTAL AMOUNT \$ _____

5. REFUNDS AND CANCELLATIONS

A \$300 Non-Refundable Deposit must be received by Nov 30, 2016.

Full payment must be received by Feb 1, 2017. After Feb 1, 2017 additional fee may apply.

Cancellations before Feb 25, 2017 will be charged 60% of total Tour and Bank Fees.

Cancellations after Feb, 25, 2017 will be charged 100% of total Tour and Bank Fees. Each person is responsible for their own Travel Insurance. Please contact your Travel or Insurance Agent for more information

6. VISA INFORMATION

A Visa is required for travel to China. Please apply for your visa 30-60 days prior to your departure and/or check with your local Chinese Embassy for Visa information as rules may differ according to location.

7. TOUR PACKAGE

- a. All hotels in China.
- b. All meals in China (3 meals per day).
- c. Transportation as specified in Tour Itinerary.
- d. Admission and fees to Temples, Shrines, etc. as specified in Tour Itinerary.
- e. Service of English speaking guides for sightseeing.
- f. Tour Package+Seminar
 - Meals are not included in the cost of the Seminar. There are a few restaurants and a large supermarket nearby.
 - Lodging is included through April 2.
 - Transportation to the airport after the Seminar is not included. Taxi service is available.

8. MAIL TO

International Yang Family Tai Chi Chuan Association
P.O. Box 786
Bothell, WA 98041 USA
Email: chinatrip@yangfamilytaichi.com

